

Full Committee
Howard County School Health Council
May 6, 2015
(10:00am-12:00pm)

MINUTES

I. Welcome

Anne Markus

- **Attendees:** Kelly Bickersteth, Ann DeLacy, Jacqueline Dougé, Kim Flyr , Deborah Lattimer, Anne Markus, Colleen Nester, Ekere Olojola, Linda Rangos, Kerrie Wagaman, Joan Webb-Scornaienchi.
- **Guest Attendees:** Janet Munro, Katie DiSalvo, Amy Mitchell.

II. Approval of Agenda

Anne Markus

- Approved

III. Approval of March Meeting Minutes

Anne Markus

- Minutes approved for March 4, 2015 with amendment to correct page 2, section V, remove Ducketts Lane from list, it's not a part of Telehealth.

IV. What's New? Quick Updates and Announcements from SHC Members

All

- Recommendations for final report due July 3rd to the Superintendent of Health.
- Mental Health Authority and HUMANA have expanded the model of its healthy transition program for youths from ages 18 – 22 years of age, to 16 – 25 years of age. This program helps youth with mental challenges transition out into the adult world. HUMANA has received a grant to support youths.
- Howard County Oral Sealant Award was increased to provide services for middle school (only for six middle schools).
- Healthy Howard Healthy Schools program is over, this was the last year for the program after 8 years, along with the Healthy Restaurant Program, and Healthy Eating & Active Living (HEAL Zone). Kelly Bickersteth last day with Healthy Howard is May 28, 2015.
- National Bike to School Day
- The "Open Streets" event is on Saturday June 13, 2015, from 10:00 a.m. – 2:00 p.m. at the Little Patuxent Parkway Loop. This event allows residents to envision

and experience creating pedestrian and bicycle-friendly streets in Howard County. This event is sponsored by The Horizon Foundation.

- Fire & Rescue have donated resource to the school system. There's a new law that will requires all high school students to be trained in AED and CPR as a requirement for graduating.
- The process of using the ball fields and gyms designated for Howard County Public Schools, and utilized by non-Howard County organization have changed.
- Three flyers in reference to parents that are hosting graduation parties.
- Contest (\$100.00 Visa Gift Card) for Howard County parents who have sent their child to a Howard County Public School only after prom. Partnered with PTSAs.
- Two teens were paired with a Liquor Inspector to buy alcohol. Liquor store sold to minor age 17. They also did what is called, "Shoulder Taps", or "Hey Mr.", where the teen stands in front of the liquor store and ask people to buy them liquor, for those that purchase alcohol for teens, the police would handle that adult after the person walked away from the liquor store.
- PTSAs pick-up flyers, "Be a Parent Not a Friend" and posted them up in over 50 liquor stores in Howard County. There was also a high school student doing an internship assisting with this project.
- Seeking anyone interesting in writing for the Drug Free Parent Blog, anything drug, alcohol, or mental related.
- 350 parents and teens participated in the Ocean City Program.
- Still have the Opioid Grant. 838 pounds of prescriptions, and over-the-counter drugs were collected on Saturday April 11th in 4 hours. The drugs were destroyed by the Police Department. Permanent drug drop boxes can be found at the Northern and Southern Police District, and at the Glenwood Community Center. Through the grant 3 or 4 more drop drug boxes will be purchased.
- Nominating committee update: One person for Executive Board, not presently heard from since inquiry. All present Officers have agreed to serve on the Board for the 2015 – 2017 school year.
- Discussed meeting times for the next school year. Conference call option, video conferences. Discussed ways of generating resources for the SHC.
- Discussed bringing more diversity to the School Health Council.

- The \$1000.00 Mini Grant from the Maryland State School Health Council was used to train volunteer high school students in regards to health insurance. The Public Health Ambassadors are three young ladies from Long Reach H.S. “The Door” assist people in the community to gain access to resources, and this organization will train the three high school students effective 5/6/2015.
- Debbie Lattimer attended a press conference in Washington D.C. in reference to child gun related deaths. Moms Demand Action for Gun Sense in America just launched a new program called, “Be Smart”, which is working to reduce child gun related deaths. This organization is looking for ways to present this information to families. The website is **besmartforkids.org**
SMART stands for:
 - Secure guns in homes and vehicles.
 - Model responsible behavior.
 - Ask about unsecured guns in other homes.
 - Recognize the risks of teen suicide.
 - Tell your peers to be smart.

V. **Wellness Sub-Committee Progress to Date**

Deb Lattimer

- S.H.C. Wellness Sub-Committee looking at the implementation of Wellness Policy 9090 and the County and looking at ways to start understanding how it’s being implemented. Deborah Lattimer and Stacie Bell are Co-Chairs of the Wellness Sub-Committee. There is also a student representative on the Wellness Sub-Committee.
- A survey is being developed as means of evaluating Wellness Policy 9090 by interviewing the Principals. The student representative will develop her own informal survey for the students, than results from both surveys will be compiled and submitted in a report to the School Board.

VI. **Final Report**

All

VII. **Public Input**

- Help elevate the awareness of Flu-like illness in the schools.
- Changing the hand washing procedure for children in the schools.

VIII. **Adjourn Meeting**