

MINUTES APPROVED 10.5.2016
Howard County School Health Council
June 1, 2016
(7:00pm-9:00pm)

Howard County Public School System (HCPSS)
Applications and Research Laboratory (ARL) Building
Room B-8
10910 MD-108
Ellicott City, MD 21042

Attendees: Nancy FitzGerald, Jackie Dougé, Joan Ford, Sharon Hobson, Jacob Lampf, Deb Lattimer, Andrea LeWinter, Anne Markus, Mirian Ofonedu, Ekere Olojola, Linda Rangos, Morgan Risley, Caroline Rothfield, Eileen Singleton, Joan Webb-Scornaienchi.

I. Welcome and Introductions

Anne Markus

Chair opened the meeting at 7:05pm.

II. Designating a Minute Taker

Anne Markus

None designated.

III. Review of Ground Rules

Executive Committee

Not needed.

IV. Approval of Agenda & April Meeting Minutes

Motion

Anne Markus

Agenda and minutes were approved unanimously.

V. Addressing Academic Stress and Anxiety: Existing Policies, Programs, Practices

Cynthia Schulmeyer, PhD, NCSP, Coordinator, School Psychology, Section 504, and Instructional Intervention, HCPSS

Dr. Schulmeyer provided an overview of the existing resources that are available in HCPSS schools to address a variety of emotional and mental health issues. She provided a framework that begins with primary prevention and ends with the more targeted approaches to children and youth who are more severe mental health and behavioral health needs. Dr. Schulmeyer updated the Council on the most recent recommendations of the HCPSS Mental Health Task Force, which were reported to the Board of Education.

VI. Final Report and Recommendations

Handout

- a. Wellness Policy 9090**
- b. Later School Start Time**
- c. Academic Stress and Anxiety**

Chair presented a handout summarizing the key areas of activity for the Council in SY 2015-2016, with objectives and progress toward those objectives, and draft recommendations for the annual report for consideration and discussion by the general membership of the Council. A very engaged and thoughtful debate ensued with changes brought forth to the recommendations. The general membership approved the revised recommendations by consensus; there were no objections. The revised recommendations will be incorporated into the draft annual report, which will be shared with the group for review and final edits before submission July 1, 2016.

VII. Public Input

None.

VIII. Adjourn Meeting

Meeting was adjourned at 9:00pm.

MEETING SCHEDULE FOR SY 2016-2017

Barton A&B
8930 Stanford Blvd Columbia, MD 21045

October 5, 2016, 4:30-6:30pm
December 7, 2016, 4:30-6:30pm
February 1st, 2017, 4:30-6:30pm
April 5, 2017, 4:30-6:30pm
June 7, 2017, 4:30-6:30pm